

RAW EARTH ORGANICS
Lifelong Wellness

UNLOCK YOUR
OVERALL HEALTH

BIG 5 MUSHROOMS

100% PURE | 500MG/SERVING | 90 VEG CAPSULES

ULTRA POTENT

UNLOCK YOUR OVERALL HEALTH

 BIO-AVAILABILITY  VITAMIN & MINERAL ENRICHED  IMMUNITY

Combined with five of the most potent medicinal mushrooms, Big 5 Mushrooms will balance and restore your immune system, protect your brain, heart and gut, and will keep you forever young. Taken daily you will reap their magical health benefits.



Lion's Mane is good for **BRAIN, HEART & GUT**

- Protects against dementia • Relieves mild depression and anxiety • Speeds nervous system injury recovery • Protects against ulcers • Reduces heart disease risk • Helps manage diabetes symptoms • Reduces inflammation.

Cordyceps promote **ANTI-AGEING**

- Anti-aging properties may reduce fatigue, boost strength and sex drive • May treat side effects of cancer treatments • May help manage type 2 diabetes • May prevent arrhythmias and lower levels of HDL cholesterol.

Reishi & Turkey Tail boosts the **IMMUNE SYSTEM**

- **Reishi:** • May enhance immune function • May decrease anxiety and depression • May improve HDL cholesterol and blood sugar.

- **Turkey Tail:** • May promote your immune system health by reducing inflammation • May positively impact gut bacterial balance • May improve insulin resistance • May boost exercise performance.

Maitake offers incredible **HEALING PROPERTIES**

- May prevent and treat breast cancer • May keep arteries healthy • May treat: type 2 diabetes, cold and flu viruses, high or low blood pressure and immune function.

Pepper extract is a **POTENT ANTIOXIDANT**

- Antioxidants may fight damage to cells • May fight inflammation • May improve brain function • May improve blood sugar and lower cholesterol levels • May have cancer-fighting properties • Additionally, it may also promote gut health, offer pain relief, and reduce appetite.

INGREDIENTS: Mushroom extracts from fruiting bodies (Mushroom Extracts), Lion's mane (Hericium erinaceus), Cordyceps [grown on grain substrates] full fruiting body - Cordyceps militaris, Reishi (Ganoderma lingzhi), Turkey tail full fruiting body (Trametes versicolor), Maitake mushroom full fruiting bodies (Grifola frondosa), Pepper extract (Piper Nigrum L), veg capsules. **COMPLEMENTARY MEDICINE.** Free from gluten, wheat, salt, sugar, dairy, soya, yeasts, preservatives, artificial flavours & colourants. **NATURAL TRADITIONAL MEDICINE.** © 2023 Raw Earth Organics only naturally sourced ingredients in its products. Product of South Africa. Health benefit references: healthline.com