

(8) ANTI-INFLAMMATORY (4) ANTIOXIDANT (6) COLLAGEN (6) MOISTURISING

Give your skin's hydration a boost with our special blend of snow fungus, shittake mushrooms, selenium and zinc; all a gift from nature for health and beauty. The secret of Hydro Boost is hydration: when hydration is excellent, the anti-ageing effects are amplified. With long-term use, your skin will glow from the inside out.



Snow Fungus fights skin ageing with WATER-RETAINING INGREDIENTS

Snow fungus is believed to strengthen the spleen, revitalise the body, promote fluid production, moisturise & nurture the skin, reduce wrinkles, & amp up facial appearance. It is packed with plant collagen & contains amino acids for collagen synthesis. It also has natural water-retaining ingredients that protects the skin from damage and ageing through the prevention of cell death from oxidative stress.

Shiitake Mushrooms boost LONGEVITY

Several compounds in shiitake help lower cholesterol and may reduce your risk of heart disease. Also, it may help boost your immune system. Plus, shiitake provides vitamin D2, which may improve your bone density.

Selenium boosts the proper FUNCTIONING OF YOUR BODY

Selenium is a powerful mineral that is essential for the proper functioning of your body. It plays a critical role in metabolism and thyroid function and helps protect your body from damage caused by oxidative stress. What's more, selenium may help boost your immune system, slow age-related mental decline, and even reduce your risk of heart disease.

Zinc plays a key role in **SKIN HEALTH**

It plays a key role in skin health, immune function, and cell growth and may protect against acne, inflammation, and other conditions. It may also reduce inflammation and your risk of some ace-related diseases.

INGREDIENTS: Snow fungus full fruiting body (Tremella fuciformis), Shittake full fruiting body (Lentinula adodes), Selenium Mineral (Bromelain proteolytic enzyme from pineapples), Zinc assential mineral (Zinc), veg capsules COMPLEMENTARY

MEDICINE. Free from gluten, wheat, salt, sugar, dairy, soya, yeasts, preservatives, artificial flavours & colourants. NATURAL TRADITIONAL MEDICINE. © 2023 Raw Earth Organics only naturally sourced ingredients in its products. Product of South Africa.

Health benefit references: healthline.com